

QUADRO HORÁRIO DE PROFESSORES

Nome do Núcleo	Turno	Segunda	Terça	Quarta	Quinta	Sexta	Sábado
Ginásio Ademc	Manha	Gin. Rítmica 08.00 as 10.00	Futsal 07.30 as 09.30	Gin. Rítmica 08.00 as 10.00	Futsal 07.30 as 09.30		
	Tarde	Futsal 13.30 as 15.30 Gin. Rítmica 15.30 as 17.30	Vôlei 14.00 as 16.00	Futsal 13.30 as 15.30 Gin. Rítmica 15.30 as 17.30 Karatê 17.30 as 18.30	Vôlei 14.00 as 16.00	Karatê 17.30 as 18.30	
Piscina Ademc	Manha	Manutenção	Hidro/Natação 07.00 as 07.50 H - E 07.50 as 08.40 H- E 08.40 as 09.30 N-A/E	Hidro/Natação 7.00 as 07.50 H E 7.50 as 08.40 H -E 8.40 as 09.30 N- A/E 9.30 as 10.20 H- E	Hidro/Natação 07.00 as 07.50 H - E 07.50 as 08.40 H- E 08.40 as 09.30 N-A/E	Hidro/Natação 7.00 as 07.50 H E 7.50 as 08.40 H -E 8.40 as 09.30 N- A/E 9.30 as 10.20 H- E	
	Tarde	Hidro/Natação 14.00as14.50 N A/E 15.00as15.50 N A/E 15.50as16.40 H - E 16.40as17.30 H - E 17.30as18.20 N-A/E 18.20as19.10 H- E	Hidro/Natação 14.00as14.50 N -A/E 15.00as15.50 N-A/E 15.50as16.40 H- E 16.40as17.30 H- E 17.30as18.20 H -A 18.20as19.10 N- E	Hidro/Natação 14.00as14.50 N A/E 15.00as15.50 N A/E 15.50as16.40 H - E 16.40as17.30 H - E 17.30as18.20 N-A/E 18.20as19.10 H- E	Hidro/Natação 14.00as14.50 N -A/E 15.00as15.50 N-A/E 15.50as16.40 H- E 16.40as17.30 H- E 17.30as18.20 H -A 18.20as19.10 N- E	Manutenção	
Acampamento	Tarde					Vôlei 15.00 as 17.00	
Jardim Planalto	Manha	Fut. 7 07.30 as 09.30		Fut. 7 07.30 as 09.30			
	Tarde	Fut. 7 16.00 as 17.00		Fut. 7 16.00 as 17.00			
Vista da Serra	Noite	Karatê 19.00 as 20.00	Ginastica 18.00 as 20.00	Vôlei/Futsal 16.00 as 18.00 Vôlei 18.00 as 19.30	Ginastica 18.00 as 20.00	Vôlei/Futsal 16.00 as 18.00 Vôlei 18.00 as 19.30	
Avenida	Manha						
	Tarde		Fut. 7 16.00 as 18.00		Fut. 7 16.00 as 18.00		
Barbados	Manha	F. Campo 08.00 as 10.00		F. Campo 08.00 as 10.00			
	Tarde	F. Campo 15.00 as 17.00				F. Campo 15.00 as 17.00	
Baunilha	Manha						F. Campo 07.00 as 11.00

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Maria Graças Campo	Manha	Fut 7 07.30 as 09.30		Fut 7 07.30 as 09.30			
	Tarde	Fut 7 15.30 as 18.00		Fut 7 15.30 as 18.00			
Maria Graças Salão Igreja	Manha	Gin. Rítmica 08.00 as 09.00 Karatê 09.00 as 10.00		Gin. Rítmica 08.00 as 09.00 Karatê 09.00 as 10.00			
	Tarde		Gin. Rítmica 14.30 as 15.30 Karatê 15.30 as 16.30		Gin. Rítmica 14.30 as 15.30 Karatê 15.30 as 16.30		
Aparecida	Manha		F. Campo 07.30 as 09.30		F. Campo 07.30 as 09.30		
	Tarde		F. Campo 15.00 as 17.00		F. Campo 15.00 as 17.00		
ACD	Manha	Futsal 07.30 as 10.30	Milena/vôlei 07.00 as 8.00 Bruno/Karatê 08.30 as 9.30 Bia/GR 09.30 as 10.30	Futsal 07.30 as 10.30	Milena/vôlei 07.00 as 8.00 Bia/GR 09.30 as 10.30	Bruno/Karatê 08.30 as 9.30	
	Tarde	Futsal 14.00 as 17.00 Karatê 17.00 as 18.00	Vôlei 13.00 as 16.00 Gin. Rítmica 16.00 as 17.50	Futsal 14.00 as 17.00	Vôlei 13.00 as 16.00	Karatê 14.00 as 16.00 Gin. Rítmica 16.00 as 17.50	
Morada do Sol	Manha	Futsal/Ginast 07.30 as 09.30		Futsal/Ginast 07.30 as 09.30			
	Tarde	Futsal/Ginast 16.00 as 18.00		Futsal/Ginast 16.00 as 18.00			
São Marcos	Manha		Futsal/Ginast 7.30 as 8.30-G 8.30 as 10.00-F		Futsal/Ginast 7.30 as 8.30-G 8.30 as 10.00-F		
	Tarde		Futsal 15.00 as 17.30		Futsal 15.00 as 17.30		
São Miguel	Manha		Fut. 7 07.30 as 10.00		Fut. 7 07.30 as 10.00		
	Tarde		Fut. 7 16.00 as 18.00		Fut. 7 16.00 as 18.00		

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Nome do Núcleo	Turno	Segunda	Terça	Quarta	Quinta	Sexta	Sábado
Frei Isaias	Noite		Karatê 18.30 as 20.30		Karatê 18.30 as 20.30		
Columbia	Manha		Futsal 07.30 as 10.30 Gin. Rítmica 08.00 as 10.00		Futsal 07.30 as 10.30 Gin. Rítmica 08.00 as 10.00		
	Tarde		Futsal 13.30 as 16.30 Gin. Rítmica 14.00 as 16.00		Futsal 13.30 as 16.30 Gin. Rítmica 14.00 as 16.00		
Ayrton Senna	Manha		Fut. 7 07.30 as 09.30		Fut. 7 07.30 as 09.30		
	Tarde		Fut. 7 17.00 as 20.00		Fut. 7 17.00 as 20.00		
Carlos Germano	Manha						F, Campo 07.30 as 12.00
	Noite		Futsal 18.00 as 20.00	Futsal 18.00 as 19.00	Futsal 18.00 as 20.00		
Gordiano Guimaraes	Manha						
	Tarde	Futsal 16.30 as 20.00		Futsal 16.30 as 20.00			
Acolhida Bela Vista	Manha						
	Tarde	Karatê 13.00 as 15.00		Karatê 13.00 as 15.00			